

TYPES OF CONTRACEPTION ACTIVITY SHEET

Use the posters displayed around the room to collect information about the different types of contraception.

Contraception	How is it taken or used?	Protects against STIs? (tick/cross)	% effective against pregnancy?	Advantages	Disadvantages
The pill					
Implant					
Injection					
Male condoms					
IUD or IUS (coil)					
Patch					
Natural family planning					

Extension: contraception choices are impacted by lifestyle, age, and general preferences. Explain what this means to you.